

# THURSDAY LUNCH MENU

Mushroom, avocado and beetroot salad served with chilled red wine vinegar dressing

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Cream of sweet potato with spinach

*Or*

Beef broth with vegetable brunoise

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Pan seared tilapia fillets with lemon butter sauce and toasted almonds

*Or*

Italian pasta in pomodoro sauce

*Or*

Grilled sirloin steaks with mushroom sauce

**Accompaniments:**

Ugali, roast potatoes, steamed rice and seasonal vegetables

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Vanilla eggless cake

*Or*

Iced lemon cheesecake

Freshly brewed Kenyan tea or coffee

*Bon Appétit*