

THURSDAY DINNER MENU

Mixed lettuce salad with french dressing

Cream of butternut

Or

Lemony chicken and dill

Fillet of beef strindberg

Or

Mixed dhal

Or

Shish taouk (*marinated chicken skewers*)

Accompaniments:

Ugali, creamed spinach, coconut rice, lyonnaise potatoes and seasonal vegetables

Coconut cake on a bed of melba sauce

Or

Tropical fruit salad

Freshly brewed Kenyan tea or coffee

Bon Appétit