



**Siyara**  
spa & salon

*Rediscover*



# *Rediscover Wellness*

The word 'Siyara' is a Swahili word meaning 'nature'.

Whether you have time for a full day of rejuvenation or just a few hours to refresh, Siyara's holistic selection of spa experiences amidst sensational surroundings promises complete wellbeing and serenity.

True to our essence, we use two all-natural product lines.

**D'vine** products bring together the healing essences of some of the best available natural oils, butters and botanicals indigenous to Africa, alongside cutting-edge technology. **Healing Earth**<sup>®</sup> is a premium organic spa brand of products inspired by Africa's ancient energy, healing tradition and natural richness.

Let our experienced therapists assist you in selecting from a choice of spa rituals that will help you unwind & relax, restore & detox or elevate & invigorate.

## **TERMS & CONDITIONS:**

All our treatments begin with a session in our sensorial space. Guests are encouraged to arrive at least 15 minutes before their treatment to experience the full benefits. Treatments are subject to cancellation for late arrivals of 15 minutes and beyond.

# BODY TREATMENTS

## Foot Massage

**Time:** 30 min | **Price:** Kes. 3,000/-

Our special foot massage will bring relaxation to your body, helping you sleep better and leaving you feeling rejuvenated.

## Indian Head & Neck Massage

**Time:** 30 min | **Price:** Kes. 4,300/-

Indulge in this traditional massage therapy which involves its own unique techniques; an application of massage to the shoulders, arms, neck, head and face.

## De-Stress Back Massage

**Time:** 45 min | **Price:** Kes. 4,800/-

A rhythmic back, neck and shoulder massage that brings relief to muscular aches and pains.

## Reflexology

**Time:** 45 min | **Price:** Kes. 5,800/-

A therapeutic foot massage based on the ancient Chinese principle of relieving pain by gentle stimulation of the acupressure points.

## Swedish Massage

**Time:** 60 min | **Price:** Kes. 6,500/- **or Time:** 90 min | **Price:** Kes. 8,000/-

A stimulating massage using traditional Swedish techniques that allow the body to absorb more oxygen and for detoxification.

## Holistic Massage

**Time:** 60 min | **Price:** Kes. 5,500/- **or Time:** 90 min | **Price:** Kes. 7,800/-

Experience the benefits of this relaxing body massage with specially chosen essential oils. One of the finest anti-stress treatments available.

# BODY TREATMENTS

## Hot Stone Massage

**Time:** 60 min | **Price:** Kes. 7,800/- **or Time:** 90 min | **Price:** Kes. 10,000/-

The heat from warmed volcanic stones combined with therapeutic oils eases tense muscles and damaged soft tissues throughout the body, leaving you relaxed and rejuvenated.

## Deep Tissue Massage

**Time:** 60 min | **Price:** Kes. 8,000/- **or Time:** 90 min | **Price:** Kes. 9,000/-

This therapy involves applying sustained pressure using slow but firm force to target the inner layers of your muscles and connective tissues, thus reducing tension in your body.

## Siyara Signature Massage

**Time:** 60 min | **Price:** Kes. 8,000/- **or Time:** 90 min | **Price:** Kes. 12,000/-

Siyara Spa signature massage helps relieve tension and stress with a combination of three traditional massage techniques - Swedish, Deep tissue and Holistic, and is finished off with a hot towel compress. This massage significantly helps improve the body's natural ability to heal.

## Siyara Four Hand Massage

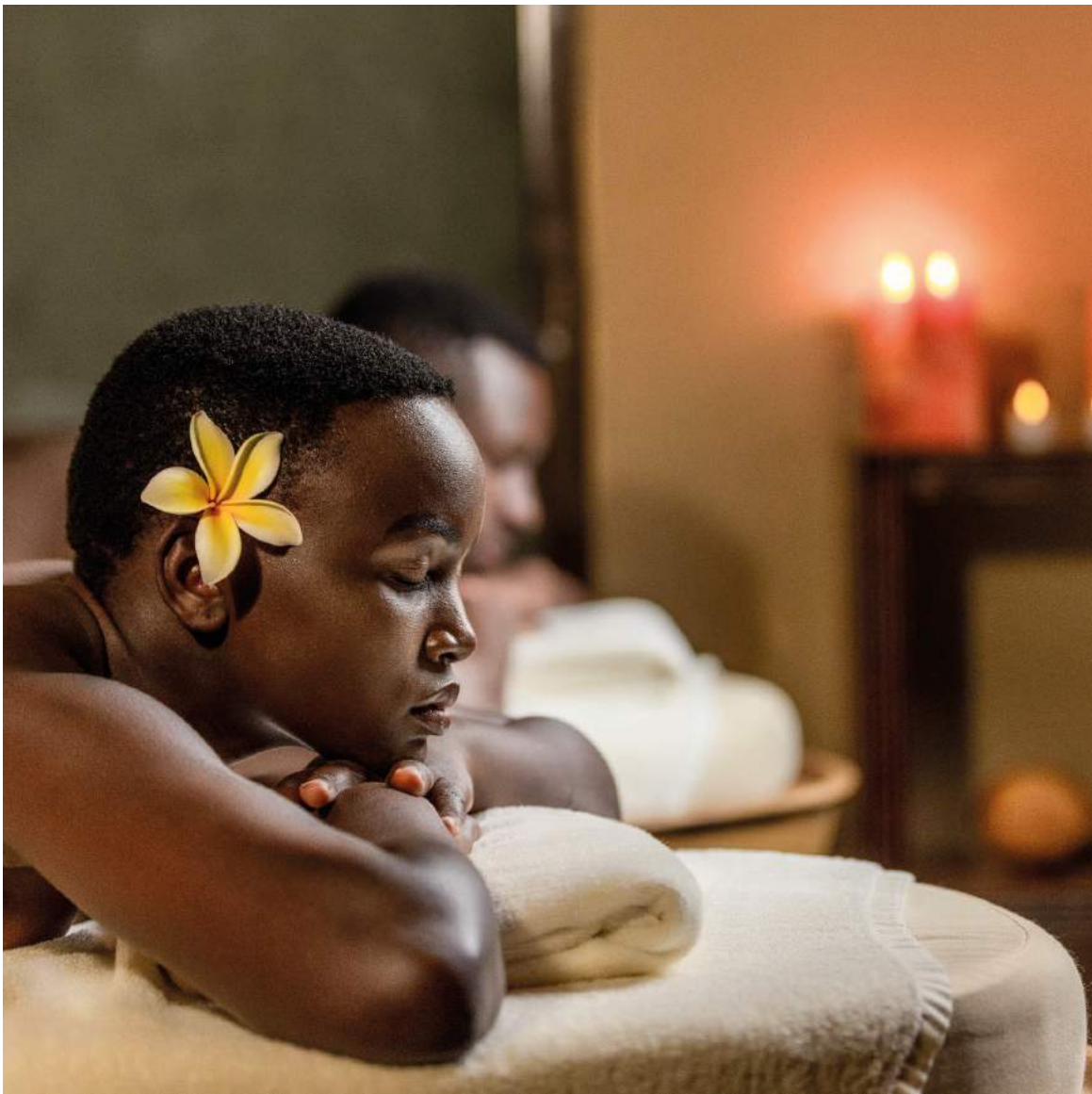
**Time:** 60 min | **Price:** Kes. 12,000/-

Using a unique combination of techniques, two therapists work simultaneously on your body, for an hour of harmony and healing.

## Aromatherapy Massage - Healing Earth®

**Time:** 60 min | **Price:** Kes. 7,500/- **or Time:** 90 min | **Price:** Kes. 9,500/-

With a combination of African aromatic essential oils inspired by African soils, this essential blend imparts a truly unique sensory experience, inducing the deepest feelings of calm and relaxation.



# SPA PACKAGES

## Siyara Rasul Experience

### Self-Treatment

**Time:** 60 min | **Price:** Kes. 10,000/- per person (minimum 2 pax)

The Traditional Rasul Treatment has been re-envisioned to create a luxurious skin softening self-application treatment which incorporates a body scrub and the use of a mineral-rich mud applied to the body, hair and face. Steam helps to activate ingredients and draw out toxins and impurities. The treatment ends with a shower and application of a nourishing body cream.

## Siyara Spa Ritual

### Body Scrub | Steam | Body Massage

**Time:** 90 min | **Price:** Kes. 9,500/-

A restorative and soothing spa treatment that begins with a body exfoliation, followed by a 15-minute steam bath and our signature 60-minute body massage. This treatment will leave you completely relaxed and your skin feeling soft, smooth and supple.

## Siyara Recovery Package

### Dry Body Back Brush | Hot Stone Massage | Foot Massage

**Time:** 75 min | **Price:** Kes. 10,500/-

Begin your treatment with a body-dry brushing of the back that increases circulation and exfoliates the skin. This is followed by a hot stone back, neck and shoulder massage and a pressure point foot massage. The deep penetrating warmth of the stones will relieve tension and leave you feeling rested.

## Serene Calabash Escape

### Body Scrub | Body Mask | Steam | Body Massage

**Time:** 150 min | **Price:** Kes. 13,000/-

This therapy begins with a full-body exfoliation, nourishing Cape Chestnut, Baobab and Shea infused body mask. This is followed by a 15-minute steam bath and a Swedish, Deep Tissue and Calabash massage.





# SPA PACKAGES

## Couples Retreat Package

Body Scrub | Body Mask | Body Massage | Mini Facial

**Time:** 120 min | **Price:** Kes. 18,000/- (p/p)

The perfect way to relax with your loved one! Our signature couple's spa therapy begins with a full-body exfoliation and nourishing Aloe, Baobab and Shea infused body mask application, followed by a signature 60-minute body massage and a mini facial. Pure bliss for two!

## Groom Essential Package

Hot Stone Massage | Facial | Beard Cut | Manicure

**Time:** 180 min | **Price:** Kes. 18,000/-

The bride will get most of the attention on your big day, but remember she'll also be looking at you! Glam up with this special package tailored for the husbands-to-be. Start off with a Hot Stone massage to relieve the tension in your muscles, followed by a rejuvenating facial and hair or beard cut, then finish off with a manicure and a complimentary smoothie to detox.

## Bridal Package

Body Scrub | Massage | Facial | Mani-Pedi

**Time:** 240 min | **Price:** Kes. 23,000/-

Feel like a queen after this deluxe bridal treat! Start by choosing from a variety of scrubs to clean and remove the dead cells from your skin. Follow it up with a holistic massage to soothe the skin and loosen those tight muscles, then treat yourself to a full renewing facial treatment. A mani-pedi to finish it off, plus a complimentary smoothie to detox will leave you more than ready for your special day.

## BRIDAL PARTY PACKAGES

Choose from any of the following relaxing and rejuvenating packages to help your bridal party unwind and reconnect before the BIG day!

### Bridal Party Escape (2-6pax)

**Time:** 75 min | **Price:** Kes. 10,000 (per person)

- Mini facial
- Basic pedicure
- Basic manicure
- Back and neck massage

### Bridal Party Revitalize (2-6pax)

**Time:** 120 min | **Price:** Kes. 12,000 (per person)

- Body polish
- Express manicure
- Express pedicure
- Indian head, neck & back massage

### Bridal Party Reconnect (2-6pax)

**Time:** 90 min | **Price:** Kes. 15,000 (per person)

- Body polish
- Body wrap
- Mini facial
- Steam bath

**Complimentary Services:** All the above packages include access to the Juice Bar and steam room, use of all spa amenities, a complimentary smoothie or glass of sparkling wine, and a fruit platter, after your treatment.

•Terms & Conditions apply. All bookings require a 24-hour notice•



# FACIAL TREATMENTS

## Siyara Classic Facial

**Time:** 60 min | **Price:** Kes. 6,500/-

The unique ingredients for our Siyara D'vine spa range help cleanse, moisturize and strengthen the skin.

## Nourishing Facial - Women

**Time:** 75 min | **Price:** Kes. 7,500/-

Deep hydration and nourishment to leave your skin looking smooth, even and refined - designed for all skin types.

## Nourishing Facial - Men

**Time:** 75 min | **Price:** Kes. 7,500/-

Specially customized to the needs of male skin, this facial gives the skin a fresh and rejuvenated look.

## Eternal Youth Anti-Aging Facial

**Time:** 90 min | **Price:** Kes. 10,000/- **or Package for 10 sessions:** Kes. 80,000/-

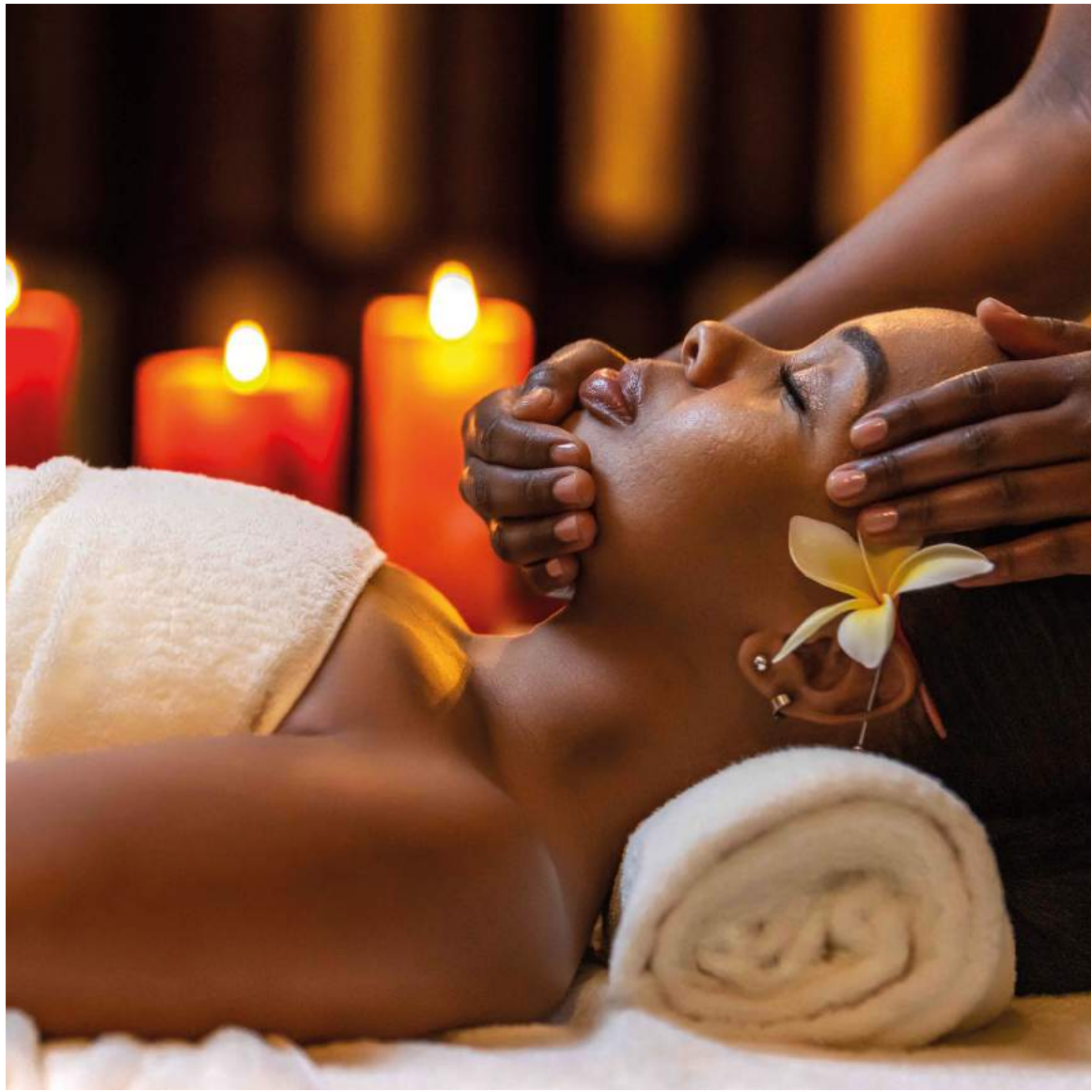
Using natural ingredients, this anti-aging technique is designed to slow down the aging process and is combined with the best products to restore firmness, brighten the skin, reduce wrinkles and smoothen skin appearance, giving resistance and suppleness to your complexion.

# BODY EXFOLIATION

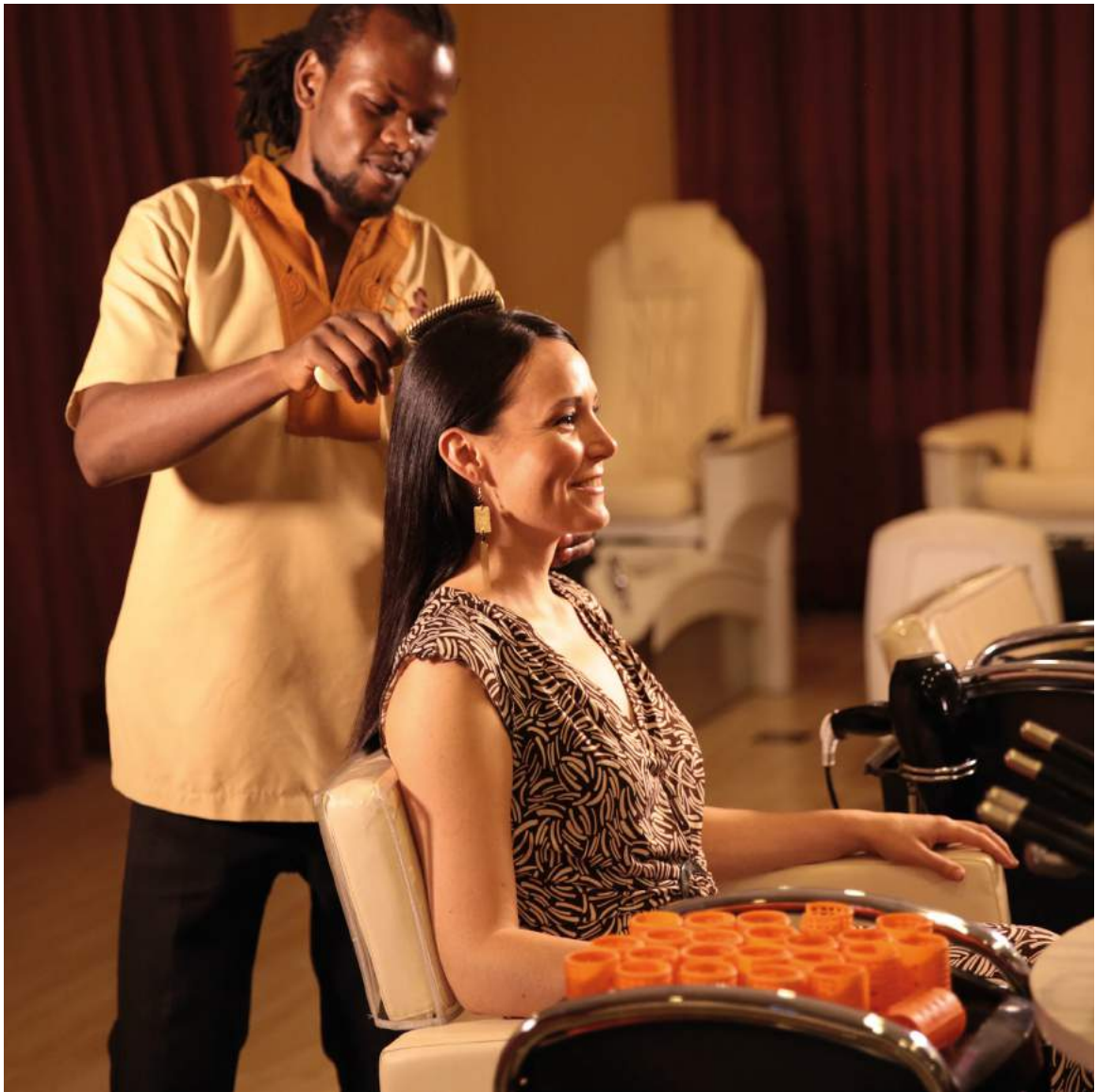
**Time:** 30 min each

A natural exfoliant rich in minerals and antioxidants is used to stimulate blood circulation and gently detoxify the body, leaving the skin soft, refreshed, moisturized and glowing. Choose from our wide range of scrubs:

- Tranquility | Awaken | Purifying | Skin Detox | Kahawa: Kes. 4,000/-
- Anti-cellulite: Kes. 4,200/-



SALON & BARBER SERVICES		
Service	Afro Hair	Caucasian Hair
Juniors hair cut (12yrs and under)	600/-	600/-
Beard cut	600/-	600/-
Cornrows (kids)	600/-	600/-
Undoing big braids	800/-	
Undoing weave	800/-	
Undoing lines	800/-	
Eye brow shaping	1,000/-	1,000/-
Hair dry styling (tonging & flat iron)	1,000/-	1,000/-
Undoing medium size braids	1,000/-	
Cornrows (adults)	1,000/-	1,000/-
Men's hair cut	1,200/-	1,800/-
Braids/styling/weave	1,200/-	2,000/-
Facial scrub	1,200/-	
Wash & set	1,500/-	2,000/-
Wash & blow dry	1,500/-	3,000/-
Undoing small size braids	1,500/-	
Men's hair color	1,700/-	2,200/-



# SALON & BARBER SERVICES

Service	Afro Hair	Caucasian Hair
Men's hair texturizer	1,700/-	
Braiding medium size (*excl. braids)	1,800/-	1,800/-
Leave in treatment	2,000/-	2,000/-
Finger coils	2,000/-	
Wig wash & set	2,000/-	
Wash, cut & blow dry	2,200/-	5,500/-
Hair treatment (DPT)	2,500/-	2,500/-
Dreadlocks retouch	2,500/-	4,000/-
Braiding small size (*excl. braids)	2,500/-	2,500/-
Dreadlocks crotchet retouch	3,000/-	
Highlights short hair	3,300/-	
Hair relaxer retouch	4,000/-	
Hair texturizer fresh (ladies)	4,000/-	
Highlights long hair	5,000/-	4,000/-
Hair relaxer fresh	5,000/-	
Dreadlocks fresh	5,000/-	6,600/-

**\*Advance notice required.**





Beauty Treatments		
<b>Waxing</b>		<b>Price (Kes)</b>
Eyebrow shaping		1,000/-
Lip & chin wax		1,200/-
Underarm		1,200/-
Bikini line		2,500/-
Full arm wax		2,500/-
Half leg Wax		2,500/-
Brazilian		3,200/-
Chest wax		3,500/-
Back wax		4,000/-
Full leg wax		4,000/-
<b>Manicure &amp; Pedicure</b>		<b>Duration (min)</b>
		<b>Price (Kes)</b>
Gel soak off		15 min
Normal nail polish revarnish		30 min
Gel nail polish revarnish		45 min
Manicure (normal polish)		60 min
Pedicure (normal polish)		75 min
Manicure (gel polish)		75 min
Pedicure (gel polish)		75 min




# Siyara

spa & salon

**Resort Location:** Moi South Lake Road, Naivasha, Kenya.

**Booking Office:** 5th Floor, Prosperity House, Westlands Road, Nairobi

 +254 51 2130000 | +254 20 5130000 | +254 719 051000

 [spa@enashipai.com](mailto:spa@enashipai.com)  @siyaraspa  @siyaraspa

[www.enashipai.com](http://www.enashipai.com)