

Coffee

LOUNGE TIMES

The Enashipai Newsletter



BACK ON THE WRC GLOBAL CIRCUIT.

Safari Rally Fever Hits Naivasha - p.15

Plus

- ✓ Hospitality Comeback - p.3
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- ✓ Eburu Forest - A Hidden Gem - p.13
- ✓ Meet Rally Driver, Aakif Virani - p.21

A WORD FROM THE EDITOR



A toast to better times!!

This year has been a mixed bag and it is more than half way over. We have had major highs such as the Safari Rally introduced back to the World Rally Championship circuit and being hosted in Naivasha - a major coup and a resounding success, even as the Ministry Of Health continues to report mutations of the COVID-19 virus. We stay hopeful that even as we adapt to new ways of interacting with guests, the travelling masses will continue to grow and trust that they will be safe in our establishments.

As tired as we are of living in a pandemic world and hearing the word COVID-19 over and over again, we must acknowledge the major adjustments all kinds of businesses have taken to ensure we work in a safe environment. The entire hospitality industry and world at large will have to embrace safety and technology and figure out new ways of interacting with guests, as everyone makes (or at least tries to make) a comeback to handling their relevant business operations, regardless of industry or client base.

Our guest pick for this issue is a seasoned rally driver, Aakif Virani (see p.21) who participated in this year's World Rally Championship and proudly carried the Enashipai Resort & Spa banner on his car. We find out more about him and his accomplishments.

Security is a permanent fixture in all industries and hospitality is no different. Our Security Manager, Simon Muchoyah (p.5) shares his daily job routine, challenges and other details in our Staff Feature.

We continue to hope that every day gets better in our "new normal" of social distancing. We reminisce on the good ol' times and look forward to discovering new ways humans can interact in safe and comfortable ways. Stay safe out there and we hope you enjoy this latest edition of the Coffee Lounge Times.

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Experience

NAIVASHA

with us...

Enashipai is an ideal launch pad for exploring greater Naivasha and the surrounding tourist circuit.

Located within the splendour of the Great Rift Valley and by the shores of Lake Naivasha this multi award winning resort is only 90 minutes away from Kenya's capital - Nairobi. Considered an all year round vacation and business destination, it is strategically close so some of the most beautiful and must-see attractions such as Hell's Gate National Park, Crescent Island, Mt. Longonot, Eburru Forest and Lake Nakuru National Park.

Resort Location: Moi South Lake Road, Naivasha | Booking Office: 5th Floor Prosperity House, Westlands Road, Nairobi, Kenya

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HOSPITALITY

Comeback...

“Hope is being able to see that there is light despite all the darkness” ~Desmond Tutu

BY: EDITORIAL TEAM



The industry flat-lined in 2020 with the pundits predicting a weak pulse from October 2021 and that seemed like a million years away. The recent Safari Rally seemed to have given the industry an early lease of life. The local and international community participated with equal fervor and excitement. Every bed in Naivasha was occupied for days and everyone felt the trickle-down effects of having the 2021 World Rally Championship in Naivasha.



Conferences are also back despite the popularity and financial viability of zoom meetings. With social distancing protocols being second nature to us now, it seems we have found ways we can be in each other's presence without spreading COVID-19.

This is extremely good news for the hospitality industry whose future seemed so bleak a while ago. With so many jobs lost, and others restructured, the comeback of the traditional meetings and events can only be good news for the hospitality community. As much the general scope and outlook of life has changed, and as much as hotels must reinvent the way they interact with guests, keeping some of the old ways of doing meetings and events in traditional ways may be the way to bring us all the way back to life. The limp to normalcy may be slow but it is sure. As more companies are encouraging remote work, hotels are seeing the opportunities in rebranding as remote offices. Getting both work and play done at the same time. The fact that conference rooms can now only take half the capacity is inspiring innovative ways to do conferences such as having meetings outside in nature under a tent or virtually.

So, as we await the big events to come our way, we continue to depend on the everyday conferences here and a small wedding there, the weekend road trip gang and the family with cabin fever looking to have a change of environment. After a whole year of eating in and preparing your own meals, eat out some more, support your local restaurants or better yet, visit Enashipai and experience this and more!



TAKE **5** WITH **SIMON**



SIMON MUCHOYAH
SECURITY MANAGER
Enashipai Resort & Spa

Q: How long have you worked at Enashipai Resort & Spa, and take us through your daily routine...

A: This is my sixth year as a Security Manager. I wake up at 6:00am to do my first patrol round the entire property. Then I call the night shift team to get a report of any incidents that may have occurred during night patrol. At 8:00am I go to the office to check my emails then attend a morning brief with the General Manager and other department heads. Around 10:00am I make a second patrol round the compound then head back to my office for other desk duties. My third patrol takes place between 3:00pm and 4:00pm and during this period, I also check if the guards are adhering to staff protocols and other related company SOPs. At 5.30pm I attend the guard parade and brief the incoming shift on any expectations for the night, groups who are in-house or expected to check in later, and about all rooms and areas currently occupied by guests. Around 6.30pm, I'll go to the gym and take a short break for the day. I never really clock out due to the nature of my job, so I grab a break whenever I can and my mobile phone is always on. My weekday night routine mainly consists of impromptu night patrols roughly around 3:00am but my routine gets busier over the weekends when I have to oversee operations especially at the nightclub when guests come to party.



Q: What is the best part about your job?

A: The collaboration with other members of my team. My job can't be done by one person since this is a big compound, so I appreciate the incredible support I receive from my team who follow my lead and get the job done!

Q: Most challenging part of your job?

A: Trying to find that balance between doing my job and making the guest happy... being firm versus being friendly. Security is a unique department in the hospitality industry. You always have to ask yourself whether you're doing the right thing and you always have to be diplomatic.

Q: If you weren't in the security industry, what would you do?

A: Nothing! I have tried a lot of different jobs and can honestly say my heart is in all things security. This is where my passion lies. There is always something new to learn every day and no two days are ever the same in this job - that keeps things fun.

Q: What do you do in your downtime?

A: I like hanging out alone to reflect and chill. I also enjoy dancing and indulging in off-road adventures. I recently took a trip to Hell's Gate National Park and sat alone at the top of the cliffs, reflecting on life. Being surrounded by nature is my idea of fun.



SELLING OR RENTING?

Avana Residence - Riara Road



- 2 bedrooms, master ensuite
- Fully furnished and serviced
- Magnificent balcony views
- Gym, pool, BBQ gazebo

Skyline Apartments - Kilimani



- 3 bedroom, all ensuite + DSQ
- Fully furnished and serviced
- Gym, pool and restaurant

Miotoni Road, Karen



- 4 bedrooms, all ensuite
- Separate self contained 2 bedroom unit
- Elegant and tasteful finishes
- Quiet and serene environment within a gated and secure community of only 6 houses
- Beautiful flat landscape with a lush garden

Loresho Ridge Estate, Loresho



- 4 bedrooms, all ensuite
- Recently renovated kitchen and master bathroom
- Quiet and serene environment within a gated and secure community
- Beautiful flat and lush landscaped garden; great for hosting family and friends

LIST WITH US!

Westlock Creek, Ruaka



- 3 bedrooms, master ensuite + DSQ
- Fully fitted kitchen with granite tops
- Roof top gym with a roof top entertainment area
- Spacious living room and separate dining area

Riana Woods Apartments, Kilimani



- 3 bedrooms, 2 ensuite
- Penthouse apartment
- Fully fitted kitchen with separate dining area
- Low density and fantastic location

Windsor Park, Windsor Golf Club



- 4 bedrooms, all ensuite
- Fully furnished and serviced
- Access to Windsor Golf Club

Gateway Apartments, Kileleshwa



- 3 bedrooms, master ensuite + DSQ
- Fully fitted kitchen
- Magnificent balcony views

THE BEAUTY OF *Spa-ing*

BY: EDITORIAL TEAM

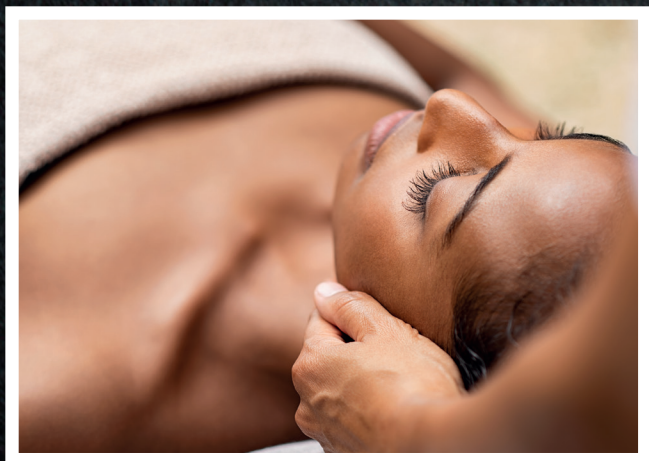
A Spa Treatment is a non-medical procedure given to improve the health of the body - such as a massage - and there's nothing more luxurious and relaxing than experiencing one. A massage has mental benefits and will relax the mind which means that overthinking, overanalyzing, fearful thoughts and tension are released. Anxiety symptoms are also naturally relieved with massages. Other benefits of spa treatments include:

1. Helps To De-Stress:

It goes without saying that visiting a spa is a fantastic way to relax and de-stress. A visit to the spa offers a great opportunity to separate yourself from life's everyday stressors and have some precious 'me time'. Allowing yourself this time to wind down and relax has so many additional benefits, such as a clear mind and increased productivity once you leave your treatment!

2. Helps With Anti-Ageing:

Many spa treatments can actually help with anti-ageing. Facials are known to help delay and prevent the onset of wrinkles by stimulating skin cells and hydrating the skin. Additionally, generally giving yourself time to relax and de-stress is a great anti-ageing technique in itself! It can be hard to afford the time for relaxation day-to-day, but assigning yourself some time to do so at the spa can be extremely advantageous.



3. Promotes Radiant Skin:

If you have problem skin or your face is feeling particularly dry, a facial can help to thoroughly clean and hydrate the skin by giving it the nourishment it needs to look bright and glowy. During cold seasons especially, harsh outdoor elements combined with home and car heating can take its toll on your skin and dry it out. However, a quality facial can help to relieve this by thoroughly cleaning and hydrating the skin.

4. Improved Blood Flow & Circulation:

Another fantastic benefit of body massages, particularly when having them frequently, is that they regulate your blood pressure and also improve blood circulation. This has many advantageous effects to your health, including helping the body fight illnesses.

5. Supports Weight Loss:

There are various theories when it comes to the relationship between spa treatments and weight loss, but many support a relationship between the two. Hot spa treatments open up the skin's pores, help the body ward off toxins, and also encourages the body to burn calories. Additionally, deep tissue massages can help the body break down fatty deposits through the pressure and friction exerted on the skin.

Of course, all of these would need to be in conjunction with diet and exercise to have a profound effect, but it's rather nice knowing that you're burning a few calories and fighting off that cellulite during your lovely massage!





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Special Offer: Kes.50,000/- (per couple - Full Board) | Spa Treatment Duration: 150min

EBURU FOREST

"...natural features include steep valleys, springs and waterfalls that make it a precious ecosystem, rich in biodiversity."

The Eburu Forest comprises 8,715.3 hectares of prime indigenous forest area contained within the steep hills, deep valleys and rolling foothills of Mount Eburu.

Overlooking Lake Naivasha to the south east, Lake Elementaita to the North and Lake Nakuru to the North West, the Mau Eburu forest is nestled within the folds of a geologically active volcanic mountain, whose highest peak, Ol Doinyo Eburu, stands 2,820 metres above sea level.

Guests can explore the forest on a game drive or guided nature walk.

Its mountain forest ecosystem and natural features include steep valleys, springs and waterfalls that make it a precious ecosystem, rich in biodiversity. The forest features a broad variety of indigenous tree species, such as *Prunus africana* (African cherry) and *Juniperus procera* (African pencil cedar), among others. The forest is recognized as a hotspot for birdlife within the greater Mau Forest Complex. It is also home to over 40 species of mammals, including the critically endangered mountain bongo antelope.



SAFARI RALLY *makes its way back* TO THE WORLD RALLY CHAMPIONSHIP CIRCUIT



The mythical Safari Rally - the most famous rally in the world - made it's way back to the scenic and tough terrains of Kenya and back to the World Rally Championship circuit for the first time since 2002 . The long, winding and dusty roads of Naivasha - which is 90 minutes away from Kenya's capital, Nairobi, played host to a total of 58 registered crews who competed in the 3 day event that took place from 24th-27th June, 2021. This marked the 68th running of the Safari Rally and the 8th round of the World Rally Championship.

Spectators as well as drivers got to experience the vast and beautiful wildlife, scenic views and overall magical experience that Kenya has to offer. French Toyota driver Sébastien Ogier and Co-Driver Julien Ingrassia won the rally. Their team, Toyota Gazoo Racing WRT, were the manufacturer's winners.



Arrow Motor's racing driver Aakif Virani & Bhatti Azhar (Co-Driver) in the Enashipai sponsored Škoda Fabia R5 rally car fought hard all through the tournament and came in 5th in the WRC 3 category, covering 18 special stages which totalled 320.19 kilometers in competitive distance.

Following a dramatic and more than entertaining event viewed by thousands of spectators, Kenyan President - Hon. Uhuru Kenyatta announced on June 27th, 2021 that the government of Kenya had secured the hosting rights of the elite motorsport event from the International Automobile Federation (FIA) to host the Safari Rally for the next 5 years.

We cannot wait to see what action comes to magical Kenya next year!

SAFARI RALLY

Picture Special...

A picture is worth a thousand words, so let us savour some of the best shots that brought certain moments to light, with every hundredth second of a lens snap...

Aakif Virani & Bhatti Azhar speed through a part of the Kedong stage, south of Lake Naivasha...



Adrien Fourmax in his M-sport Ford. He claimed his first fastest time in the WRC on Sunday morning - 27th June...



Kenyan driver Karan Patel steers his Ford Fiesta with Kenyan co-driver Tauseef Khan...



The gorgeous Mt. Longonot overlooking the Enashipai Resort & Spa hospitality tent on day 1 at Kedong, Naivasha...

Spanish driver Daniel "Dani" Sordo Castillo with a stunning 35° landing in his Hyundai rally car...



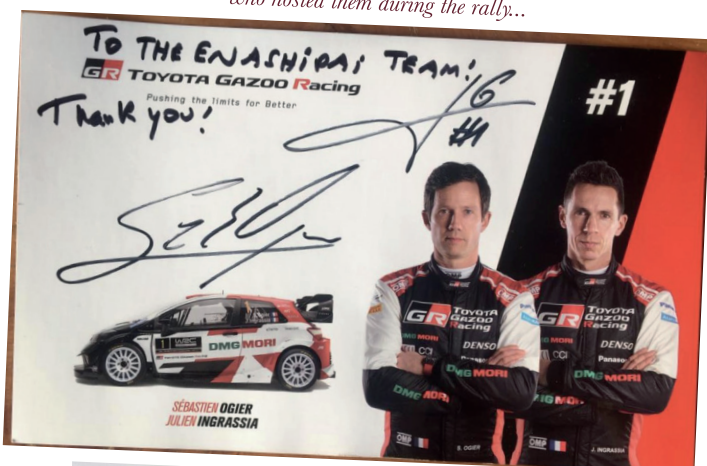
Thierry Neuville crashes out of the Safari Rally on Sunday morning's opening Loldia speed test...



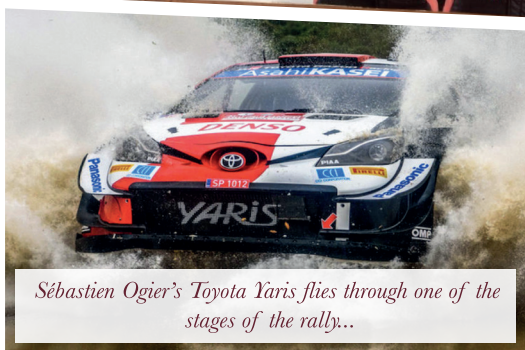
British rally driver Gus Greensmith claimed a career-best fourth place in his Ford Fiesta...



A "thank you" card from Sébastien & Julien to the Enashipai team who hosted them during the rally...



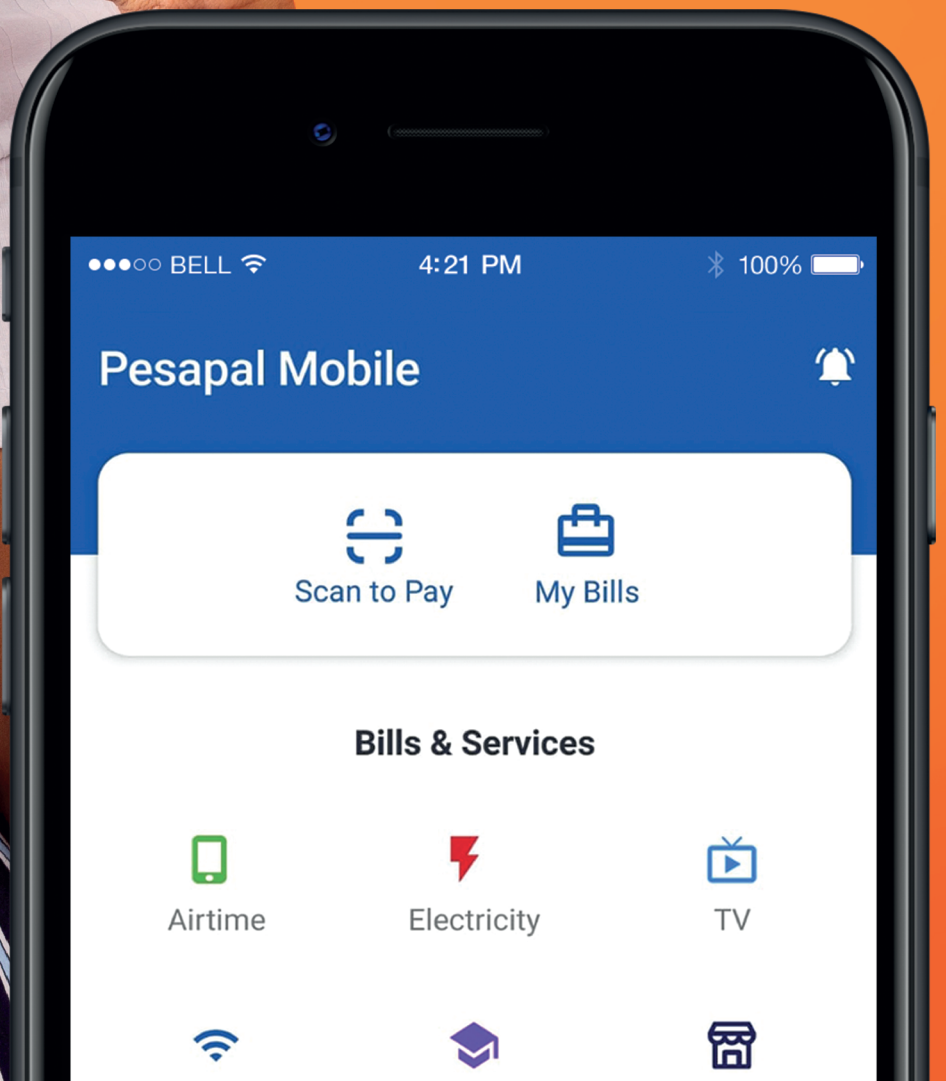
Driver of the Enashipai sponsored rally car - Aakif Virani, Bhatti Azhar (Co-driver) and the Arrow Motor racing team pause for a photo at the end of his race...



Sébastien Ogier's Toyota Yaris flies through one of the stages of the rally...

POS	CAR NO	DRIVER	CO-DRIVER	TEAM / CAR	PENALTIES	TOTAL TIME
1	#1	S. OGIER	J. INGRASSIA	Yaris WRC		3:18:11.3
2	#18	T. KATSUTA	D. BARRITT	Yaris WRC		3:18:33.1
3	#8	O. TÄNAK	M. JÄRVEOJA	i20 Coupé WRC		3:19:20.8
4	#44	G. GREENSMITH	C. PATTERSON	Fiesta WRC		3:20:05.9
5	#16	A. FOURMAUX	R. JAMOUL	Fiesta WRC		3:20:06.0
6	#69	K. ROVANPERÄ	J. HALTTUNEN	Yaris WRC	10.0	3:29:04.7
7	#24	O. RAI	D. STURROCK	Polo Gti		3:47:37.7
8	#27	K. PATEL	T. KHAN	Fiesta		3:51:41.7
9	#25	C. TUNDO	T. JESSOP	Polo Gti	40.0	3:54:52.0
10	#33	E. EVANS	S. MARTIN	Yaris WRC		4:07:34.0
11	#37	L. BERTELLI	S. SCATTOLIN	Fiesta WRC		4:08:28.3
12	#6	D. SORDO	B. ROZADA	i20 Coupé WRC	13:20.0	4:21:30.8
13	#39	J. CHANA	R. CHANA	Lancer Evo X	10.0	4:26:30.5
14	#40	D. CHATTHE	H. FOURIE	Lancer Evo X	2:10.0	4:28:22.8
15	#32	E. BENGI	P. MUTUMA	Lancer Evo X	1:40.0	4:29:55.5
16	#64	J. WAHOME	V. OKUNDI	Fiesta ST Rally:	1:10.0	4:36:52.5
17	#29	D. CHWIST	K. HELLER	Fiesta MK II		4:37:20.4
18	#31	B. CHAGER	R. SONI	Lancer Evo X	40.0	4:46:27.1
19	#34	R. BHARIJ	J. GHATAURE	Lancer Evo X	10.0	4:48:42.7
20	#30	A. RAI	G. PANESAR	Fabia Evo	10.0	4:54:30.3
21	#52	N. SACHANIA	D. PATEL	Lancer Evo X		4:56:13.3
22	#28	A. VIRANI	A. BHATTI	Fabia	6:00.0	5:12:17.6
23	#47	S. PUEE	A. DIN	Lancer Evo X		5:20:58.3
24	#45	P. PANDYA	F. BHOJAK	Lancer Evo X		5:36:56.2
25	#48	H. ANWAR	R. ISMAIL	Fiesta ST Rally:	2:20.0	5:42:27.3
26	#67	R. SMITH	L. CLIFF	Fiesta		5:50:54.0

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Meet the rally driver...



Q: How did you stumble into the world of racing?

A: I got into racing because of my late Dad. He used to take part in races at the Embakasi race track as well as other rally championships, in the early 60s and 70s. I used to visit his workshop when he was one of the top Subaru distributors in Kenya and came into contact with a huge variety of rally cars, engine models and spare parts which used to be built there in preparation for the Safari Rally. I would watch my late father customize the vehicles, as well as take part in handling some of the support teams and drivers. I loved sharing such moments with him especially as he took down and built the vehicles back up. My Dad stopped taking part in rallies as a condition from my mother, when I was born.

As I grew older, I moved to the UK to embark on my high school studies and was introduced to the late and great Ayrton Senna, by my father, who was his neighbour in London. I was very much inspired by him and the moments we shared watching F1 races on television. Later on is when I figured I wanted to take part in motorsports and the heritage I wanted to build upon was that of my father.

I bought my first rally car a few years before my Dad passed away. He wasn't too thrilled about my decision - being the only son and all. He actually threatened to kick me out of our home if I didn't quit rallying, but I was unwilling to change my decision.

Akid Virani

RALLY DRIVER | ARROW MOTORS RACING TEAM

My late father would actually advise the mechanics at his workshop to inform him of my operations and vehicle preparations without my knowledge. It was however comforting to know that as much as he wasn't excited about me racing, he was still passionate about my choices and just wanted to keep a watchful eye.

Q: How do you mentally prepare for a race?

A: ... by doing a few simple things... The first and most important is saying a prayer to my Creator and Almighty. Secondly, I meditate for a bit and have a soft drink or some water. Then I get comfortable with my surrounding, focus on the circuit, relax myself and give it a shot!

Q: What's been your proudest moment in the sport?

A: My proudest moment was recently when I finished 5th in the WRC Safari Rally Kenya competition in the WRC 3 category. Prior to that was in 2018 when I finished 1st in the B13 category and 3rd in Division 1.

Q: What advice would you have for a beginner?

A: That would be to embrace the sport - with safety in mind - and also gently build confidence in the vehicle you drive. Learn its potential and don't be afraid to make mistakes. Push your car and yourself to the limit! Make sure you have a good support team, race engineer and do not compromise on safety by building a cheap car or purchasing subpar spare parts.



Q: What's the biggest lesson you've learnt in your career?

A: Sometimes it's important to settle for a lower position than take mindless risks. On the final day of the WRC on 10th of November, 2012, I was running 4th overall in the WRC 3 category, but I wanted push for the very crucial 1 minute time difference to secure myself a 10th spot in the overall standings, as the 4th place in my category was already secured. I pushed myself too far and ended up crashing into a ditch and getting stuck for a whole 35 minutes. Needless to say, I lost the overall standing I was aiming for as well as pushed my category 3 place down to 5th. Don't get me wrong, some risk is required, but not all risks are necessary. Would I do it again though? Hmmmm... Possibly so 😂. Lesson learnt here is to weigh your pros and cons, push yourself as much as possible, but always be cautious enough so as not to throw away the entire race.



SPAGHETTI CARBONARA

Preparation Time: 10 minutes

Cooking Time: 15 minutes

Servings: 4

Ingredients:

- 2 tbsp. olive oil
- 250 gr diced bacon
- 1 pkt. spaghetti
- 2 whole eggs
- 100 ml fresh cream
- 10 tbsp. parmesan cheese
- Salt and ground black pepper
- 1 chopped onion
- 1 clove garlic chopped
- 1 tsp. chopped parsley

How to prepare:

- Heat some oil in a large skillet over medium heat and add the bacon.
- Continue cooking, turning occasionally, until evenly browned and crispy (5 to 10 min.)
- Bring a large pot of salted water to boil then add the spaghetti.
- Cook the spaghetti, stirring occasionally until tender yet firm to the bite “al dente”, for about 9 min.
- Drain the water and return the spaghetti to the pot. Let it cool while stirring occasionally for about 5 min.
- Whisk the eggs, half of the cheese and some black pepper in a bowl until smooth and creamy.
- Pour the egg mixture over the pasta, stirring quickly, until it's creamy and slightly cooled.
- Stir in the bacon with the remaining cheese and more pepper then sprinkle parsley on top for garnishing.



Vote for us!

Enashipai
Resort & Spa
it's the little things



We're proud to have been nominated for this year's **World Travel Awards** under the category of **Kenya's Leading Resort 2021**. Voting is now open and we need your assistance to win. As always, thank you for your continued support and faith in us!

Scan the QR code below to vote.



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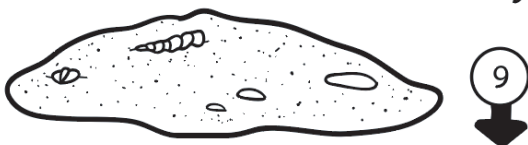
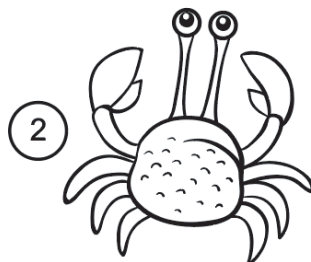
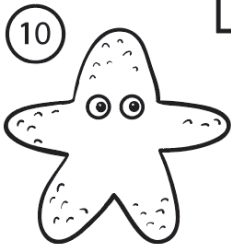
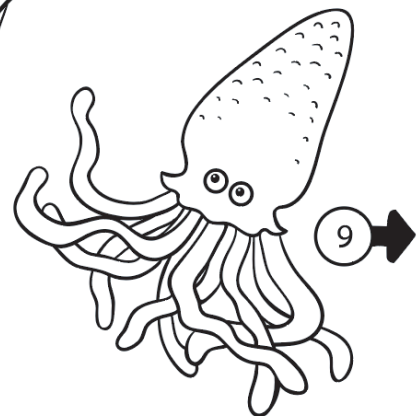
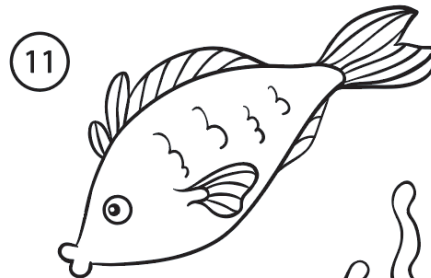
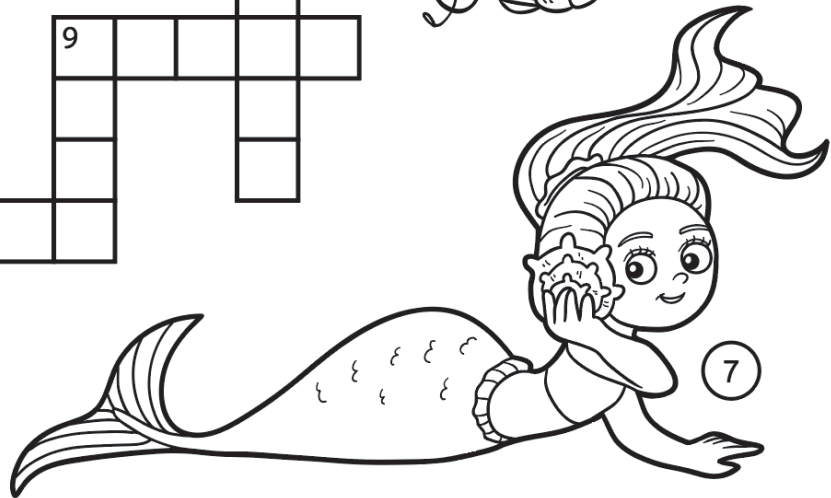
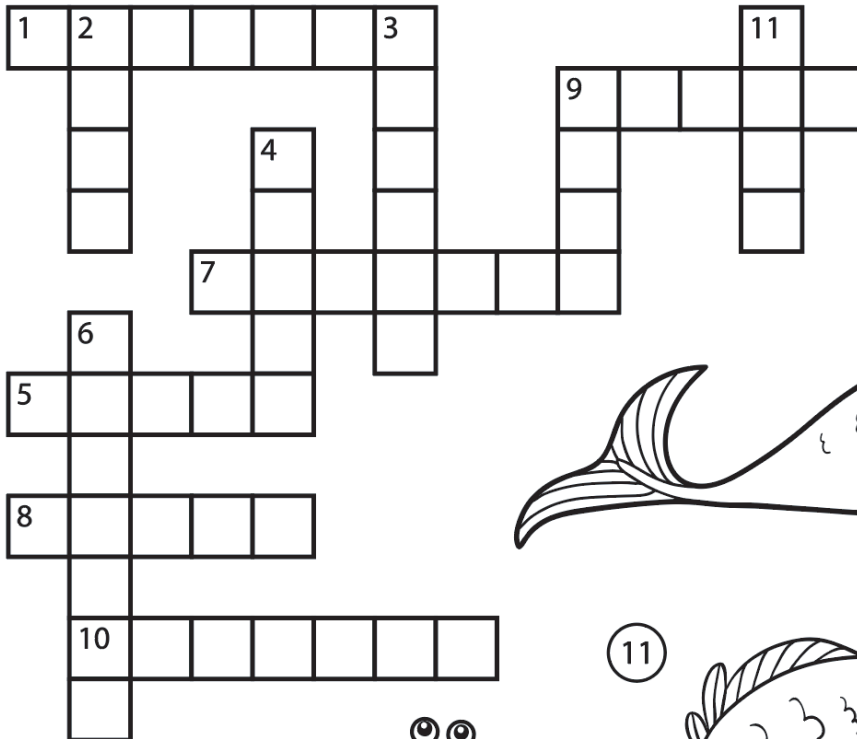
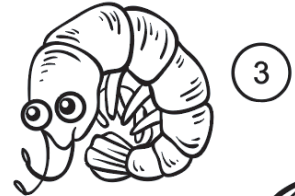
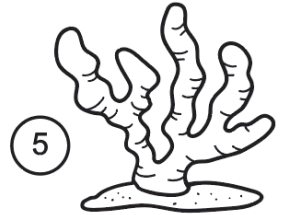
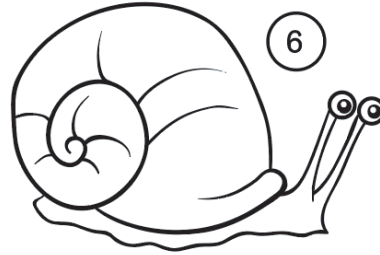
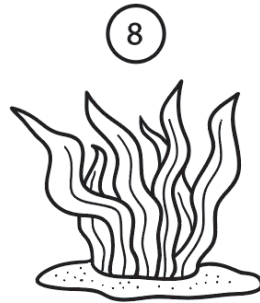
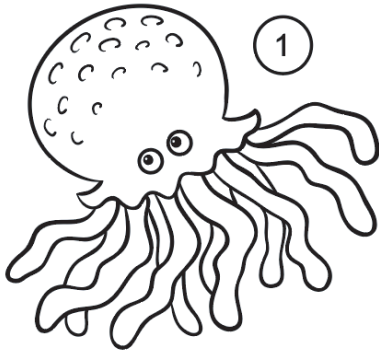


The Arts Group Ltd



Kiddies Page

Fill in the words...



ANSWER: 1. octopus 2. crab 3. shrimp 4. shell 5. coral 6. mollusk
7. mermaid 8. plant 9. (down) sand 9. (across) squid 10. seastar 11. fish

Please colour me...



HOW WAS YOUR STAY?



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Guest reviews...



knjerie wrote a review Jul 13
Nakuru, Kenya • 1 contribution



Great place

"A wonderful place to visit, had a great time with my family. We enjoyed ourselves and the service, staff and security was awesome. The restaurant, staff and food was awesome had a great experience at the spa."



John Paul Tapfumaneyi Makoni recommends Enashipai Resort & Spa.
May 29 •



Brilliant and Exotic Place. Very Serene, amazing food and activities



Felix O wrote a review Today
1 contribution



Fantastic Stay!

"There are places you would go to and say one or two nights is more than enough. At Enashipai you can never have enough of the resort. You will find yourself coming back all the time. Stayed for two nights, despite the cold weather, it was a very relaxing stay. i wish i could longer. Very friendly and professional staff from the security to the just about any other staff you will encounter in the resort. There is a lot of activities to keep you busy within the resort and outside (but i doubt you will want to go out). . Despite the challenges the industry has gone through the resort is well maintained and the facilities look as good as new. i look forward to my next visit to Enashipai and thank you to the team for a great stay."

Read more



Angie Ciku Kastone recommends Enashipai Resort & Spa.
June 13 •



Always great to be here. The 2 nights were definately not enough. Excellent service, great views, awesome views. We shall be back.



benkutwa wrote a review Jul 11
Nairobi, Kenya • 1 contribution



Amazing experience at Enashipae

"Excellent service across the board. Serene and relaxing environment, clean, spacious rooms top notch food quality, and the staff are very professional. Will definitely come back again. A Thumbs up from me !"



lizkimaniw wrote a review Jul 13
Nairobi, Kenya • 1 contribution






enwealth workshop

"The experience was great. Actually beyond expectation especially on the observation and enforcement of covid 19 protocols. That was my biggest fear/worry while planning for workshop . I recommend Enashipai Resort & Spa to anyone looking for a place either for holiday or even business related workshops/seminars."



it's the little things

Resort Location: Moi South Lake Road, Naivasha | **Booking Office:** 5th Floor Prosperity House, Westlands Road, Nairobi, Kenya

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